README: Manual Mill Resources

* Read [Manual Mill Class](https://www.instructables.com/class/Manual-Mill-Class/) from Pier 9 (also available as PDF), but ignore the section on changing speeds, since it does not apply to our mills
* Read a brief Introduction to the [Physics of Machining](http://web.mit.edu/course/other/machineshop/Physics/)
* Review [visual glossary](https://project-manus.mit.edu/machine-capabilities-visual-glossary) of machine capabilities